



## Physical Contact Policy

As a registered childcare provider, we regularly meet and interact with children in order to meet their individual care requirements.

### **Emotional Needs and Affection**

We are very aware that each individual child has different needs. Some children like to be affectionate and show this through hugs & kisses etc. Whilst others are not so physically affectionate.

We are happy to hold hands with your child, hug, cuddle, or tickle them when asked. We will discourage kissing, but will do so if the child requests (on the head or cheek, never anywhere unappropriated) providing both you and your child is comfortable with this. We will never force a child to do any of the above if it makes them feel uncomfortable.

### **Safety and Guidance**

On rare occasions we may need to physically restrain a child. Examples of this would include if a child was at risk of inflicting harm on themselves or others or if they were to try to run into the road or other dangerous situation. In this situation we would document it as an incident in our book and ask you to sign the record. This is to protect all parties involved.

### **Self-Care and Hygiene**

In order to ensure hygiene routines are carried out properly some physical contact is necessary, for example to help with washing hands and faces and wiping noses. As a priority, where possible, we will encourage the child to be independent. However, we are also happy to assist. We will also assist with changing a child's clothes if they have had an accident or requires a change after a messy play activity.

In addition to the above policy you may also wish to refer to our Promoting Positive Behaviour Policy and Allegations of Abuse policy. If you have any concerns, please do not hesitate to discuss them with us.